

MIMETIC THEORY, ECOLOGICAL LITERACY AND MINDFULNESS

The hypothesis of this paper is that the global crisis and its two main manifestations (increase of environmental issues on one hand and social, ethical and political issues on the other hand) are directly linked to what René Girard demonstrated : the paradoxical effects of Christian revelation.

In these times of crisis, the questions that we ask are : Is it possible to *practice* the mimetic theory ? How can mimetic theory enlightens the ecological issues of our times ? Can we enact this intellectual knowledge ?

The mimetic theory seems so fundamental and urgent to be transmitted that we have to be endowed with approaches that give us tools to put it in a concrete form. That is to say, approaches which take into account our daily **human experience**, in order to pass from a moral that makes us feel guilt and that has become inefficient to an experience-based *pedagogy* that leads to a natural empathy and responsibility towards the world.

That is why we will propose an articulation between three works : René Girard's, Fritjof Capra's and Francisco Varela's one (respectively : mimetic theory, ecological literacy and the dynamics of becoming aware – mindfulness/epochè).

195 words